

# Global TeleMD™

HEALTHCARE AT YOUR FINGERTIPS

We know your life can be demanding. With so much to juggle, finding the healthcare you need, when you need it, should be easy. In addition to a global network of doctors and facilities available through your health plan, we've teamed up with **Teladoc Health** to bring you **Global TeleMD**. At no extra cost, this smartphone app provides 24/7/365 access to international doctors by telephone or secure video call.

## ALL AT THE TOUCH OF A BUTTON

- ✓ A global network of doctors
- ✓ Medical guidance and consultations (for non-emergencies)
- ✓ Same day virtual appointments, available 24/7/365
- ✓ Multiple language options
- ✓ Consultation notes sent directly to your phone
- ✓ Prescriptions and referral letters (subject to local regulation)

## JUST WHAT THE DOCTOR ORDERED

With **Global TeleMD**, you can speak to a doctor at a time that fits your schedule without worrying about work, holidays or personal commitments. And because your consultation notes are stored securely in the app, they're ready to share with your usual doctor next time you visit.

## Let's Get Started



- 1 Download the Global TeleMD app to your phone
- 2 Create a profile
- 3 Log in
- 4 You're good to go!



Dependents age 18 and over can download Global TeleMD to their mobile device and create their own profile. Enrolled members can access the services within Global TeleMD for their minor dependents.

Blue Cross Blue Shield Global® is a Brand owned by Blue Cross Blue Shield Association. GeoBlue® is the trade name of Worldwide Insurance Services, LLC (Worldwide Services Insurance Agency, LLC in California and New York), an independent licensee of the Blue Cross and Blue Shield Association and is made available in cooperation with Blue Cross and Blue Shield companies in select service areas. Coverage is provided under insurance policies underwritten by 4 Ever Life Insurance Company, Oakbrook Terrace, IL, NAIC #80985 under policy form series 54.1205/54.1215. 4 Ever Life Insurance Company is an independent licensee of the Blue Cross and Blue Shield Association.

Apple and iTunes are trademarks of Apple Inc., registered in the U.S. and other countries. Google Play and the Google Play logo are trademarks of Google Inc. All other trademarks are property of their respective owners.

Telemedicine services are provided by Teladoc Health, directly to members. GeoBlue assumes no liability and accepts no responsibility for information provided by Teladoc Health and the performance of the services by Teladoc Health. Support and information provided through this service does not confirm that any related treatment or additional support is covered under a member's health plan. This service is not intended to be used for emergency or urgent treatment medical questions.